

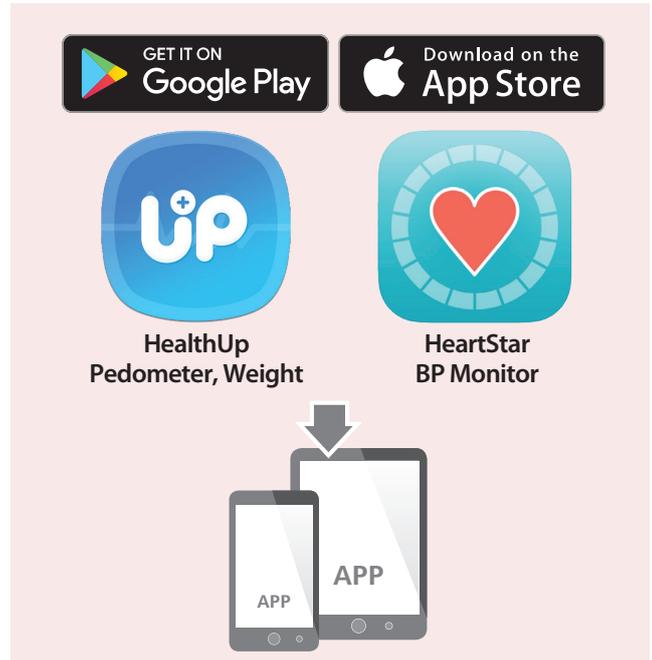
**QUICK GUIDE**

**Blood Pressure Monitor X5 BT** (MMD Product Reg. No.: GB39668337717)  
 Malaysian Communications And Multimedia Commission | **MCMC Approval No. RCCX/09A/0518/S(18-1510)**

**Pairing the Blood Pressure Monitor with your Smartphone**

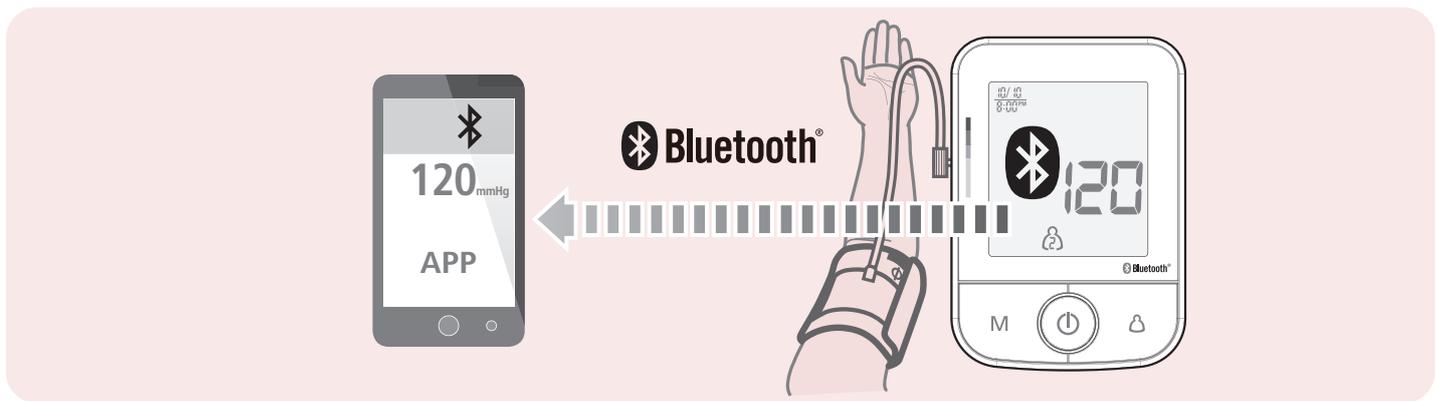
To begin using Bluetooth® for the first time, please visit the website at <http://www.rossmax.com> for the initial set-up instructions.

- 1 Download and install the free APP onto your smartphone.
- 2 To pair this device with your smartphone, turn on the device, Bluetooth® and the App of smartphone, and follow set-up and pairing instructions.
- 3 The Bluetooth® symbol (📶) will flash on the display that indicates the pairing is proceeding.
  - If the pairing is successful, the Bluetooth® symbol (📶) will stop flashing and appear on the display, the device will start the measurement automatically. The current measured reading (Systolic, Diastolic and Pulse) will automatically be transferred to the App.
  - If the pairing has failed, the Bluetooth® symbol (📶) will continue flashing until the device shuts off automatically after 1 minute. Please re-pair this device with your smartphone.



**Notes:**

- 1 You can pair only one destination device with the monitor.
- 2 Unpairing your device will not delete the information on the phone App.
- 3 If you re-pair your smartphone with your blood pressure monitor, all prior reading history stored on the phone App will be retained.
- 4 Bluetooth® data transfer will reduce the battery capacity.



**Data Transfer to PC**

Rossmax provides a free, integrated and user-friendly blood pressure management software which can be downloaded and installed on your computer. You may purchase a special designed USB cable in order to connect Rossmax's blood pressure monitor and your PC. Please visit the website at <http://www.rossmax.com> for proceeding the downloading and installation process.

